

High School Emotional Support

Overview of Perspectives Program Components

High School Emotional Support Program - Perspectives

Students have access to a full continuum of services through a flexible scheduling process. Based on the needs of the student as identified by the IEP team, students have opportunities to participate in the following types of classes:

- general education classes with appropriate accommodations and special education teacher consults
- general education classes with in-class support from a paraprofessional
- general education classes with reduced size and modified pace
- special education classes
- intervention classes for Reading and Math
- inclusion in DCIU vocational program

The range of support available extends from Full Time (receiving special education services for 80% or more of the school day), Supplemental (receiving special education services for more than 20% and less than 80% of the school day) to Itinerant (Supplemental (receiving special education services for 20% or less of the school day).

The Perspectives program provides instruction in a small, structured setting with positive behavior supports. The program is staffed with an emotional support teacher, a paraprofessional and a licensed mental health professional.

The Perspectives program has two key components:

1. Behavior Supports

- Development of FBAs & PBSPs
- Structured Level System with Daily Data Collection
- Group Counseling
- Individual Counseling
- Personal Development Curriculum
 - Self-Awareness
 - Self-Control
 - Empathy
 - Communication/Social skills
 - Self-Efficacy
 - Ability to Self-Motivate

2. Academic Supports

- Ongoing Assessment
- Extra Help with Assignments
- Extra Time for Tests/Quizzes
- Development of Strategies for Success
- Direct Instruction in Executive Functioning
- Weekly Transition Seminars

Additional Resources and Supplementary Supports

Research-Based Reading Interventions:

- *Read to Achieve*
- *Reading A to Z*
- *SuccesMaker*
- *Read 180*
- *Read 180 Flex*

Research-Based Math Interventions:

- *Connecting Math Concepts*
- *Ablenet Equals*
- *IXL Online Math Lessons and Practice*

Executive Functioning Interventions:

- *Premier - Executive Functions Skill-Building Program*

Behavior Interventions:

- Vicki Phillips – *Personal Development Curriculum*
- School Connect – *Optimizing the High School Experience*
- Individual & Group Counseling provided by licensed mental health professional
- Referrals to Community-Based Mental Health Providers
- Ongoing Collaboration with Community-Based Mental Health Providers
- Structured Level System based on Lehigh University's *Centennial School Model*
- Daily data collection through individual point sheets

Full Range of Related Services

- Occupational Therapy
- Speech & Language Therapy
- Physical Therapy
- Vision & Hearing Supports
- Assistive Technology Consultation
- Reading Specialist Services